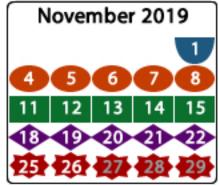
Elementary Lunch Menu: Winter 2019-2020

How To Read: This is a five-cycle lunch menu. Each shape represents a different week-long menu on this calendar. The days in gray represent days with no school. WEEK 1-3-5 SUPERSACKS M/W/F; SPECIALTY SALADS T/TH; WEEK 2 & 4 VEGETARIAN OPTIONS; Crispy Chicken Filet on bun available daily









All meals served with low fat milk. Menus subject to change. This institution is an equal opportunity provider.

Week 1

MONDAY

Fresh Baked Pizza OR Zesty Pizza Bites w/Marinara Sauce Tender Broccoli Farm Fresh Fruit Crisp Veggies

TUESDAY

Golden French Toast & Sausage
Links
OR
Zesty Pizza Bites w/ Marinara
Sauce
Carrot Coins
Crispy Hash Brown
Farm Fresh Fruit
Crisp Veggies
Toasty Baked Apples

WEDNESDAY

Home Style Lasagna & Garlic Breadstick OR Zesty Pizza Bites w/ Marinara Sauce Seasoned Green Beans Cool Canned Fruit Chilled Juice Crisp Veggies

THURSDAY

Crazy Taco in a Bag
OR
Zesty Pizza Bites w/ Marinara
Sauce
Sweet Corn Nibbles
Refried Beans w/ cheese
Farm Fresh Fruit
Crisp Veggies
Jiggly Jell-o

FRIDAY

FEB 14 - VALENTINES DAY

Kickin' Coney Dog w/ cheese Or Zesty Pizza Bites w/ Marinara Sauce Calico Mixed Veggies Emoji Fries Cool Canned Fruit Chilled Juice Crisp Veggies

Week 2

MONDAY

Sweet Pancake Wraps
OR
V Big Daddy Cheese Pizza
X-Ray Vision Carrots
Farm Fresh Fruit
Crisp Veggies

TUESDAY

Queso Macho Nachos
OR
V Humus Bowl
Refried Beans
Sweet Corn Nibbles
Farm Fresh Fruit
Crisp Veggies
Chocolate Sparkle Cookie

WEDNESDAY

Crunchy Chicken Nuggets &
Warm Roll
OR
V Aloha Fruit Bowl
Seasoned Green Beans
Whipped Potatoes
Cool Canned Fruit
Chilled Juice
Crisp Veggies

THURSDAY

Nov is 6th gr Choice
Dec is 5th gr Choice
Jan is 4th gr Choice
Feb is 3rd gr Choice
OR
V Veggie Burger on Bun
Winter Blend
Farm Fresh Fruit
Crisp Veggies
Dessert of choice

FRIDAY

Ham & Cheese Munchable
OR
V Bean Dip Bowl
Tender Broccoli
Cool Canned Fruit
Chilled Juice
Crisp Veggies

Week 3

MONDAY

Crispy Popcorn Chicken & Warm Roll Or Tasty Taco Snax w/ Salsa Carrot Coins Whipped Potatoes Farm Fresh Fruit Crisp Veggies

TUESDAY

NOV 12 - FROZEN DEC 17 HOLIDAY MEAL

Crunchy Crisp Taco
OR
Tasty Taco Snax w/ Salsa
Sweet Corn Nibbles
Refried Beans w/ cheese
Farm Fresh Fruit
Crisp Veggies
Creamy Pudding

WEDNESDAY

Classic Spaghetti w/ Meat Sauce & Garlic Breadstick OR Tasty Taco Snax w/ Salsa Seasoned Green Beans Cool Canned Fruit Chilled Juice Crisp Veggies

THURSDAY

Toasted Cheese Sandwich &
Creamy Tomato Soup
OR
Tasty Taco Snax w/ Salsa
California Blend
Emoji Fries
Farm Fresh Fruit
Crisp Veggies
Johnny Pop

FRIDAY

JAN 24 - LUNAR NEW YEAR

Spicy Chicken Filet on Bun OR Tasty Taco Snax w/Salsa Tender Broccoli Tater Tots Cool Canned Fruit Chilled Juice Crisp Veggies



MONDAY

WG Mini Corn Dogs
OR
V Big Daddy Cheese Pizza
Sweet Corn Nibbles
Home Style Baked Beans
Farm Fresh Fruit
Crisp Veggies

TUESDAY

Gourmet Burger on Bun
OR
V Humus Bowl
X-Ray Vision Carrots
Smile Fries
Farm Fresh Fruit
Crisp Veggies
Creamy Sherbet

WEDNESDAY

Sicilian Style Chicken Parmesan on bed of Noodles & Garlic Breadstick OR V Aloha Fruit Bowl California Blend Cool Canned Fruit Chilled Juice Crisp Veggies

THURSDAY

NOV 21- THANKSGIVING

MEAL

Tex Mex Quesadilla
OR
V Veggie Burger on Bun
Seasoned Green Beans
Farm Fresh Fruit
Crisp Veggies
Fudgy Brownie

FRIDAY

Smoke House BBQ on Bun OR V Bean Dip Bowl Tender Broccoli Crinkle Fries Cool Canned Fruit Chilled Juice Crisp Veggies



MONDAY

Breakfast Biscuit
OR
Chicken Fries & Flaky Biscuit
Colorful Cal Blend
Crispy Hash Brown
Farm Fresh Fruit
Crisp Veggies

TUESDAY

Southern Chicken Tenders &
Flaky Biscuit
OR
Chicken Fries & Biscuit
Seasoned Green Beans
Whipped Potatoes
Baked Beans
Farm Fresh Fruit
Crisp Veggies
Frozen Pudding Cup

WEDNESDAY

Powerhouse Chili & Cornbread
OR
Chicken Fries &Flaky Biscuit
Tender Broccoli
Cool Canned Fruit
Chilled Juice
Crisp Veggies

THURSDAY Chicken Philly Sub

OR
Chicken Fries & Flaky Biscuit
Carrot coins
Tasty Tater Tots
Farm Fresh Fruit
Crisp Veggies
Tangy Sherbet

<u>FRIDAY</u>

Crunchy Fish Sticks & Flaky
Biscuit
Chicken Fries & Biscuit
Garden Peas
Crinkle Fries
Cool Canned Fruit
Chilled Juice
Crisp Veggies