

You are receiving 2 of these sheets. On 1 sheet, cut out the box below and hang it up where you practice at home. Keep the other sheet in your binder and have it ready for class every day. Have you ever watched a movie where the pilot of an airplane does the “pre-flight check?” He turns to his co-pilot and says something like, “Ignition Off,” and the co-pilot says, “check;” then the pilot says, “Flaps,” and the co-pilot says, “check!” and they do a whole series of these steps.

Before you begin playing, do your own pre-flight check by looking at each of the 12 points below. As you might expect there are fewer things to check on the right hand... only 4. There are 8 things to check on the left hand. Don't “take off” until you are sure everything is in the proper place, or you might “crash and burn!”

TECHNIQUE

(1) About 3" of stick showing.

(2) Hand is flat

(3) No gap between thumb & 1st finger.

(4) All fingers curved under stick.

(5) Open palm, facing ceiling.

(6) Thumb is arced up.

(7) About 3" of stick showing.

(8) Thumb & 1st finger touching.

(9) 1st finger extended completely over stick.

(10) Middle finger lays to side of stick.

(11) Pinky is tucked under ring finger, supporting it.

(12) “Ring” finger makes seat for stick. The stick rests over the cuticle of the fingernail.